



SANCTIONED AND REQUIRED BY: Trek for Teens Foundation.

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the Toronto Trek for Teens event, May 14th, 2011.

I for myself, my heirs, executors, administrators, successors, and assigns, **HEREBY RELEASE WAIVER AND FOREVER DISCHARGE** the Trek for Teens Foundation, Yonge-Dundas Square, any and all other Toronto Trek for Teens event locations, all other associations, sanctioning bodies, and sponsoring companies and all their respective agents, officials, and servants, from, without limitation, all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property, **HOWEVER CAUSED**, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise, whether prior to, during or subsequent to the event, **AND NOTWITHSTANDING** that same may have been contributed to, or occasioned by, the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE, HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them as a result of, or in any way connected with, my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND AGREED TO THIS WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically and mentally fit to participate in this event, and voluntarily assume all the natural, practical and legal risks associated with my participation in the Toronto Trek for Teens event.

Name _____ Age _____ Male _____ Female _____

(PLEASE PRINT CLEARLY)

X _____ Print: _____

Signature of Participant

Date

X _____ Print: _____

Signature of Parent/Guardian

Date